



Azevedo Hitchcock Wrestling Camps Summer 2017

Frequently Asked Questions (FAQ)

Will there be different coaches and wrestlers at the sessions? YES... We are gathering some of the best coaches and wrestlers in the country to teach technique at our camps. Check out the web site www.wrestlingcamps.org for the latest information on who will be at each session.

What is the daily schedule? Each day campers will be required to attend three training sessions. An optional morning run is available along with an open wrestling session will be available after the evening session. For those attending our Intensive Camp the morning run will not be *optional*. All Commuter Campers must be picked up after the last session by 9:30pm each day. At camp, a daily schedule will be posted in the hostel for review.

How do I contact the onsite camp office? Our year round phone number is **(559) 424-3476** and our e-mail is annette@wrestlingcamps.org. Our office hours at camp will vary during the camp season. But if you leave a message will return your call promptly.

How can I request a roommate? When checking in at camp, tell the person assigning housing of your desire to be housed with a specific camper. Our staff will do everything possible to accommodate such requests.

Will there be swimming at camp? One of our available afternoon activities is to take the campers to the Lindsay Aquatic Center. This activity is not provided as part of the camp registration fee, but can be purchased when signing up for activities during camp check-in.

What does my athlete need to bring to camp? Wrestling shoes, running shoes, lightweight sleeping bag, towels, shorts, practice t-shirts, soap, shampoo, shirts, swim trunks, shorts, insect repellent and sun screen. Kneepads and headgear are recommended.

NOTE: bring enough workout clothing for the entire camp stay – there are no laundry facilities at camp. Mark all clothing and personal items.

Spending Money for Activities, Snacks, and Equipment

There is always the question about whether the Campers need any spending money. They don't, but there are things available that do cost money. The wrestlers are fed three all-you-can eat meals daily, there is water available all day long, and there are plenty of activities that are free to entertain them in the off hours. Many of the Campers like to have a snack after a workout or before bedtime. The Camp Store has numerous drinks and snacks. There are a few activities that have a cost. See the Activities page. During the breaks, the campers can walk over to the games and activities area. We also have souvenir "Azevedo Hitchcock Wrestling Camp" gear for sale. These are very popular and are a great memory of the summer and cool to wear to school next year.

When can I visit my camper? – is there something special on the last day? We regularly have parents watch the daily training sessions. Parents are welcome to watch their athletes during the sessions. The last day of camp is when the camp staff reviews all of the technique that was covered during the course of the camp. After the review session, Coach Azevedo shares with the campers his unique personal wrestling experiences in an inspirational, humorous and spiritual presentation.

What happens if my child gets sick during camp? – Or gets hurt right before? – do I get a refund? We desire that each camper has a memorable experience. Sometimes athletes experience a minor injury or illness during a camp session. Our trained camp staff does a great job of caring for each child's needs during these times. We encourage any sick/ill campers to visit our staff and inform them of their ailments. If your camper is hurt prior July 1, 2017, call the main camp number to request a refund, **minus the \$100 non-refundable deposit**. After July 1st, 2017 with medical verification, you can request a camp credit only.

What is your cancelation policy? A notice of cancellation must be received in writing prior to July 1, 2017 in order to receive a refund of registration fees, **less the \$100 non-refundable deposit**. No refunds will be given after this date, if the camp you are attending is full. Substitutions will be accepted with advance notice or camp credit may be issued with medical verification.

What kind of food should I expect? Each meal is nutritionally well balanced, delicious and all you can eat.

How does my athlete get to and from your camps? Each camper is responsible for his transportation to and from the camp. Amtrak provides daily train transportation service to the town of Hanford, California, located only 50 minutes from Lindsay, Ca. If you need to be picked up from the station, plan on arriving in Hanford, no later than 10:00 am on registration day. **Please call (559) 424-3476, at least 48 hours prior to arrival in Hanford to arrange for someone to pickup your camper.** A nominal charge of \$20.00 (for pick up and drop off) will be required for this service.

Most major airlines fly into Fresno, CA. **If notified with-in 48 hours, a camp counselor will pick up campers from the Fresno Airport at a charge of \$20.00 per person.** If arriving by plane, make your reservation for arrival between 8:30 am and 10:30 am on opening day and departure reservations no earlier than 5:30 pm on closing day of camp. This will help us consolidate our transportation schedule. **You must make your reservations between the times that are listed if you want us to provide transportation.**

Is there a hotel that a parent can stay at near the camp? *There are lodging options in and nearby Lindsay, Ca. Listed below are some names and phone numbers of hotels recommended.*

Lindsay:

SUPER 8 Lindsay Olive Tree 390 California 65, Lindsay, CA 93247 (800) 536-0519

Exeter: 6 Miles

BEST WESTERN Exeter Inn & Suites 805 South Kaweah Ave., Exeter, CA 93221 (800)-568-8520

Portersville: 11 Miles

Tulare: 13 Miles

Visalia: 20 Miles

Registration/Payment Questions:

How do I register and pay? All registration will be online at www.wrestlingcamps.org on the registration page.

What does tuition include? The **Resident** fee includes *lodging, excellent meals, instructional program and camp "T" shirt*. The **Commuter** fee includes *instructional program and camp "T" shirt*.

Do you offer discounted rates? A \$25 discount will be applied to the 2nd camper from the same family. Only one discount can be applied to a single registration.

When do I pay for camp extra-curricular activities? Camp extra-curricular activities can be paid during your check-in process at camp.

Where do I find my confirmation materials after registering for camp? When you register online, a confirmation email will immediately be sent electronically. It is important that the e-mail supplied be one that is checked often by an adult.

We will send a hard copy of the above information by UPS upon request. There will be a fee for this service.

When is my full balance due? The remaining balance for camp tuition is due [on July 1st 2017](#)

Supervision & Staff Questions

Staff-to-camper ratio? Due to the large number of athletes on the mats each session, the campers are placed into groups, based on size and weight. Each group of 40 – 45 campers is led by a senior staff member and 2 or 3 junior staff members. This reduces our effective student to coach/athlete ratio to about 10 athletes for each staff member.

Who are the directors and their experience? *Head Coach, John Azevedo*, has been conducting his popular and highly successful camps for over 20 years. John's background and experience as a coach at the collegiate, high school, and youth levels make coach Azevedo uniquely qualified to relate to and instruct athletes of all ages.

Our Camp Director Gary Quintana, has been in the sport of wrestling, either competing or coaching, for 30 years. He has a passion for the sport of wrestling and specializes in helping young wrestlers develop strong fundamentals and inspiring each wrestler to reach their peak performance.

Does the teaching curriculum change from camp to camp? Each camp's curriculum has been designed to allow campers to attend multiple successive camps and still encounter a uniquely different camp experience. Thus in each camp there will be foundational skills taught along with skills that have proven to be very successful.

How are campers placed into groups? Athletes are weighed in during the camp check in process, then campers are placed into groups based upon size and weight. Younger, less experienced wrestlers should alert the camp staff to this fact when groups are selected. It is our goal to provide the most beneficial groupings to allow our campers to thrive and succeed.

Medical Questions

If you have medication that your athlete may need to be reminded to take, will someone be there to remind him/her? Our Camp Office staff is very accommodating in helping parents manage those campers that have special medication needs. It is important that you alert the Camp Office at check in of any special medical conditions so special arrangements can be made.